

RECOMMENDATIONS FOR PARENTS/GUARDIANS

1. Check the haircut, uniform and punctuality of your ward daily.
2. See that your ward carries books/exercise books according to the time table for that day.
3. See that he/she is prepared for various tests. Also see his/her report card and teacher's remarks in his class work/homework exercise books and school almanac.
4. Encourage your ward to take a balanced interest in studies, sports and co-curricular activities.
5. Restrict daily pocket money. Extra spending should be discouraged.
6. Plan further education of your wards beyond the school level well in time, so that they are eligible to compete for the maximum number of institutions of higher education.
7. All parents are requested to impart health education to their children so that they:-
 - Maintain personal hygiene like: trimming of nail and having hair cut on a regular basis.
 - Students should do physical exercises regularly.
 - Students should sleep at least eight hours daily.
 - Have a balanced diet, nutritionally rich in proteins and milk, kindly avoid junk food & pickles for lunch.
 - Drink water which is either boiled or filtered.
 - Avoid consumption of ice- creams, other milk products and vegetables from road side vendors.
8. Deworm all children at least once every year. Advice should be taken from the family physician.
9. Immunize your ward as per schedule get him all the vaccinations:
 - BCG
 - DTP
 - Measles/MMR.
 - DT-at 5 year of age
 - Tetanus-Booster dose to be given between 7-16 years of age and also to be given if injured.
 - Typhoid
 - Cholera

Once every year, preferably in the month of march-:

- Hepatitis.
- Meningitis

Students suffering from diseases such as chicken-pox, cholera, measles, mumps, whooping-cough and jaundice must observe the prescribed period of quarantine as mentioned under the "Absence" in the Almanac.

10. Students suffering from infectious diseases like conjunctivitis dermatitis, scabies etc. should not be sent to school.
11. Students suffering from chronic diseases like asthma, epilepsy, thematic hear etc. are advised to be under continuous medical supervision of a specialist. History of their illness must be reported to the school office in writing.

Visiting time for parents

1. Parents can meet principal between 1 p.m. to 3 p.m. every day.
2. Parents are not allowed to go to the class rooms to meet teachers except on P.T.M.
3. During class time parents are advised not to disturb teachers for trivial reasons.

ABSENCE

1. It has been observed that absenteeism is a regular feature which seriously affects the academic performance of students. Even for trivial reason students stay away from the classes unscrupulously. To prevent this menace we are compelled to introduce a fine in tune of ₹ 10/- per day. Only in the emergency situation leave will be sanctioned. Principal will have the absolute right in this regard.

Absence without leave application for more than seven consecutive days renders the student liable to have his name struck off the rolls, Re-admission will be granted only on payment of ₹ 150/-

2. All the students are to report school at the very opening day after each vacation (summer-winter). Those abstain without permission will be inviting a fine in tune of ₹ 20/- Sick leave will be granted only after a medical certificate is produced.
3. It is compulsory for the students to complete 80% of their attendance in the year to make them eligible to sit in their final examination.
4. The percentage of required attendance could be relaxed on valid medical ground.